

WORKSHOP I - SATURDAY AM

29. LIFE IN ABUNDANCE

Many People get the idea our Catholic faith is just about a bunch of rules and regulations. Jesus came to give us "life in abundance." Come and learn how you can experience more of his new life and how to share it with others.
TBD

30. KEEPING OUR SOULS CLEAN

Many Catholics initially fear the sacrament of Reconciliation. Once a person can get over their nameless fears, this sacrament is quickly embraced by all. What is embraced by this sacrament is the peace of mind, body, and soul that Reconciliation gifts to God's people. It is a peace that flows from a certainty, rather than from a false sense of uncertain hope. Ever notice when wearing a new pair of shoes, one, is more careful to walk where he/she steps; preventing from dirtying their new shoes. Isn't this how we should live our spiritual lives; being attentive to our surroundings? Come and join the Soulman, Tim Greer as he shares with you the excitement of the Sacrament of Reconciliation is an exciting way to celebrate God's love for us by keeping our ~~Soles~~ Souls Clean.

31. THEOLOGY OF THE BODY

The Theology of the Body is Pope John Paul II's integrated vision of the human person – body, soul and spirit – based on scripture.
Janet Heva is the Campus Minister at University of Washington.

32. CONFIRMATION PREPARATION GUIDELINES (ADULTS ONLY)

This workshop will share the results of a study of adolescent confirmation preparation and recommended best practices to guide the parishes of the Archdiocese of Seattle in inviting, welcoming and forming young people for celebration of the sacrament. These recommendations are included in *Preparing Young Catholic Christians for Confirmation: A Parish Sourcebook* which is currently being developed.

Jer Carrasco is a recent graduate of Seattle University and a former director of religious education. She currently teaches theology at Forest Ridge School of the Sacred Heart.

WORKSHOP III- SUNDAY AM

36. WHAT DOES IT MEAN TO BE PRO-LIFE?

Pope John Paul II reflected on our present day society and called it a culture of death. What is the seamless garment of Christ? Why does the Catholic Church teach against abortion, euthanasia, stem cell research and the death penalty? Examine the pro-life teaching of the Catholic Church and how we can make a difference in our culture.
TBD

37. DON'T APOLOGIZE

Do you sometimes find yourself at a loss about how to talk about your faith to your non-Christian friends? What do Catholics have in common with other Christians, and what unique traditions and beliefs do we have? You'll be better prepared for the next conversation with your friends.
Jeff Moore is a Seminarian with the Archdiocese of Seattle, currently assigned to St. Anthony's in Renton.

WORKSHOP II - SATURDAY PM

33. CATHOLIC TOOLS FOR GOOD DECISION MAKING

As teens and young adults, we're going to make some of the biggest decisions of our lives. The Church is here to help with four tools for good decision making called the Cardinal Virtues.
Katie Beaubien is a member of the Young Adult Service Team, working in retreat and youth ministry.

34. JUNIOR HIGH RALLY (ADULTS ONLY)

Are you ready to get your youth excited for Junior High Rally? Have you never gone and want to learn more? Have you been coming for years but want to know how to get your youth group involved? This is the perfect workshop for you.
Bill Sweedburg, Junior High Rally Coordinator and Youth Minister at St. Stephen the Martyr will share answers to all your questions about Rally.

35. MEDIA DETOX!

From WWF and the X Men to McDonald's and The Matrix we will take a look at how the media tries (and vies) to get our attention (and our dollars) using sex, violence and a lot more. As people of faith, how can we deal with the effects of media? Using video clips as well as interesting and engaging activities, we will be discussing the impact of media and what we can do about it.
Michael Danielson teaches religion at Seattle Prep.

*NOTE

Below are the Mega Workshops and Prayer Experiences:
Getting More out of the Mass - Workshop I (Saturday AM)
You are Royalty! - Workshop II (Saturday PM)
Discernment - Workshop III (Sunday AM)
Gospel Choir - Prayer Session I (Saturday AM)
Sanctus - Prayer Session II (Saturday PM)



CONVENTION SCHEDULE

PRAYER EXPERIENCE

SATURDAY

8:00 AM Registration
 8:30 AM Doors Open
 9:00 AM General Session I
 10:15 AM Prayer Experience I
 11:15 AM Workshop I
 12:00 PM Lunch Break
 1:30 PM General Session II
 3:00 PM Prayer Experience II
 4:00 PM Workshop II
 5:15 PM General Session III
 6:30 PM Dinner Break
 8:00 PM Saturday Night Entertainment
 10:30 PM End of the Night

SUNDAY

8:30 AM Doors Open
 9:00 AM General Session IV
 10:15 AM Workshop III
 11:30 AM Mass with Bishop Tyson
 1:00 PM Lunch Break
 2:00 PM General Session V

REGISTRATION

Please register only one person per form. Return this completed form to your Convention Coordinator.

NAME _____

PARENTS' NAME _____

PARISH/CITY OR SCHOOL _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ MALE FEMALE GRADE _____

EMAIL _____

BIRTHDATE _____ CONVENTION COORDINATOR _____

Parent or guardian of the participant: Your signature below indicated approval of the following:
 My child has permission to take part in this event. In case of emergency, she/he may be treated by a doctor. I also consent for the Archdiocese of Seattle to use photographs taken of my child, whose name appears in this registration for promotional purposes.

Parent / Guardian Signature: _____

T-SHIRT SIZE:

If no size is selected, you will receive a Large T-shirt Small Med Large X-Large XXL

Registrations received **after November 1st** will not receive T-shirts.

COST:

Before October 25: **\$70.00**
 Between October 26 & November 1: **\$75.00**
 After November 1 / at door: **\$80.00**
 Parish Fee \$ _____
 Total Due \$ _____

G. RECONCILIATION SERVICE

It's not always easy to go to confession. Not everyone can just get up and go. Join us in this calling of preparation in a Reconciliation Service as we meditate with music and place ourselves for individual confession and absolution. Note – Reconciliation is available to all youth throughout Saturday, regardless of attendance at the prayer experience.
Tim Greer is the Youth Minister at St Joseph Parish in Issaquah.

H. JOURNALING AS PRAYER

Journal Your Way to God--Have you ever wondered how to journal as a form of prayer? Is there a "right" way to journal? Want to know how to get started? Join us for a little education and a beautiful prayer experience.
Sr. Christine Still, OSF is the Pastoral Associate for Youth Ministry at Holy Rosary Parish in Kent.

I. CENTERING PRAYER

Centering Prayer is a type of contemplative prayer--a Christian form of meditation that has been practiced for centuries.
Danny Bailey is Youth Minister at St. Nicholas in Gig Harbor.

WRITE DOWN THE WORKSHOP NUMBER OF YOUR 1ST, 2ND, AND 3RD CHOICES FOR EACH SESSION. WE WILL ATTEMPT TO ASSIGN YOUR FIRST CHOICE IF POSSIBLE.

Saturday morning workshop request:

1st _____ 2nd _____ 3rd _____

Saturday afternoon workshop request:

1st _____ 2nd _____ 3rd _____

Sunday morning workshop request:

1st _____ 2nd _____ 3rd _____

Prayer experience request:

1st _____ 2nd _____ 3rd _____

2nd Prayer experience request:

1st _____ 2nd _____ 3rd _____

Special Accommodations needed? _____

If so, please attach sheet with details Spanish and sign language translation is available but must be requested by November 2nd. Please call 206-382-2010 to make a request.

CONVENTION COORDINATOR USE ONLY - PLEASE SEND ONLY ONE CHECK MADE OUT TO OYYAM.

TOTAL ENCLOSED _____

CHECK # _____

TOTAL # IN GROUP _____